Allergy and Anaphylaxis Emergency Plan



Child's name:	Date of plan:	
Date of birth:/	Agekg	Attach child's
Child has allergy to		photo
Child has asthma. Child has had anaphylaxis. Child may carry medicine. Child may give him/herself medici	☐ Yes ☐ No (If yes, higher chance severe reaction) ☐ Yes ☐ No ☐ Yes ☐ No ne. ☐ Yes ☐ No (If child refuses/is unable to self-treat, an adul	t must give medicine)
IMPORTANT REMINDER		

Anaphylaxis is a potentially life-threating, severe allergic reaction. If in doubt, give epinephrine.

For Severe Allergy and Anaphylaxis What to look for



If child has ANY of these severe symptoms after eating the food or having a sting, give epinephrine.

- Shortness of breath, wheezing, or coughing
- Skin color is pale or has a bluish color
- Weak pulse
- Fainting or dizziness
- Tight or hoarse throat
- Trouble breathing or swallowing
- Swelling of lips or tongue that bother breathing
- Vomiting or diarrhea (if severe or combined with other symptoms)
- Many hives or redness over body
- Feeling of "doom," confusion, altered consciousness, or

give epinephrine.	
has MILD symptoms after a sting of	or eating these foods,
following food(s):	Even if child
an extremely severe allergy to an	insect sting or the
SPECIAL SITUATION: If this bo	ox is cnecked, child na

Give epinephrine! What to do

- 1. Inject epinephrine right away! Note time when epinephrine was given.
- 2. Call 911.
 - Ask for ambulance with epinephrine.
 - Tell rescue squad when epinephrine was given.
- 3. Stav with child and:
 - Call parents and child's doctor.
 - Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.
 - Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side.
- 4. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.
 - Antihistamine
 - Inhaler/bronchodilator

For Mild Allergic Reaction What to look for



If child has had any mild symptoms, monitor child. Symptoms may include:

- Itchy nose, sneezing, itchy mouth
- A few hives
- Mild stomach nausea or discomfort

Monitor child What to do

Stay with child and:

- Watch child closely.
- Give antihistamine (if prescribed).
- Call parents and child's doctor.
- If more than 1 symptom or symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See

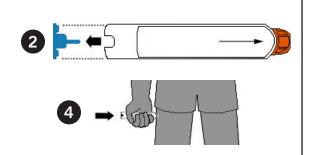
Parent/Guardian Authorization Signature Date	Physician/HCP Authorization Signature Date
Other (for example, inhaler/bronchodilator if child has asthma	a):
Antihistamine, by mouth (type and dose):	(*Use 0.15 mg, if 0.10 mg is not available)
	□ 0.30 mg (25 kg or more)
	□ 0.15 mg (13 kg to less than 25 kg)
Epinephrine, intramuscular (list type):	Dose: □ 0.10 mg (7.5 kg to less than13 kg)*
Medicines/Doses	
	"For Severe Allergy and Anaphylaxis.")



FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

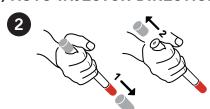
EPIPEN® AUTO-INJECTOR DIRECTIONS

- 1. Remove the EpiPen Auto-Injector from the clear carrier tube.
- Remove the blue safety release by pulling straight up without bending or twisting it.
- 3. Swing and firmly push orange tip against mid-outer thigh until it 'clicks'.
- 4. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- 5. Remove auto-injector from the thigh and massage the injection area for 10 seconds.



ADRENACLICK® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR DIRECTIONS

- 1. Remove the outer case.
- 2. Remove grey caps labeled "1" and "2".
- 3. Place red rounded tip against mid-outer thigh.
- 4. Press down hard until needle enters thigh.
- 5. Hold in place for 10 seconds. Remove from thigh.





ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

- 1. Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
- 2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- 3. Epinephrine can be injected through clothing if needed.
- 4. Call 911 immediately after injection.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

EMERGENCY CONTACTS — CALL 911		OTHER EMERGENCY CONTACTS
RESCUE SQUAD:		NAME/RELATIONSHIP:
DOCTOR:	_ PHONE:	PHONE:
PARENT/GUARDIAN:	_ PHONE:	NAME/RELATIONSHIP:
		PHONE: